

Associate in Science

Exercise Science

Total Hours Required: 64

Recommended Schedule

Freshman - Fall				
<input type="checkbox"/>	ENGL	1204	English Composition I	3
<input type="checkbox"/>	LIFE	1402	Principles of Biology	5
<input type="checkbox"/>	PSYC	1000	General Psychology	3
<input type="checkbox"/>	PHED	1242	Introduction to Health, Physical Education and Recreation	3
<input type="checkbox"/>	MATH	1828	College Algebra	3
TOTAL				17

Freshman - Spring				
<input type="checkbox"/>	ENGL	1206	English Composition II	3
<input type="checkbox"/>	LIFE	1408	Anatomy and Physiology	5
<input type="checkbox"/>	SOCI	1100	Introduction to Sociology	3
<input type="checkbox"/>	HLTH	1247	Lifetime Fitness and Wellness	2
<input type="checkbox"/>	BSTC	1036	Computer Concepts & Applications	3
TOTAL				16

Sophomore - Fall				
<input type="checkbox"/>	COMM	1230	Public Speaking	3
<input type="checkbox"/>	HLTH	1248	Personal and Community Health	3
<input type="checkbox"/>			Humanities Elective	3
<input type="checkbox"/>	HOME	1501	Basic Nutrition	3
<input type="checkbox"/>	PHED	1246	Personal and Community Health	3
TOTAL				15

Sophomore - Spring				
<input type="checkbox"/>	PHED	1270	Introduction to Exercise Science	3
<input type="checkbox"/>			Humanities Elective	3
<input type="checkbox"/>	PHED	1246	First Aid and Emergency Care	3
<input type="checkbox"/>			Exercise Science Elective	3
<input type="checkbox"/>			Exercise Science Elective	3
<input type="checkbox"/>			Physical Education, Health and Performance	1
TOTAL				16