



Pathways to Success

June– August 2009

Featured Participant of the Quarter: Kevin Anderson

Central Kansas
Educational
Opportunity Center



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Kevin Anderson entered the Great Bend EOC office in the summer of 2006 with no clue as to what the future held for him.

In the spring of 2006 Kevin was diagnosed with congestive heart failure and by summer received a pace-maker, which he credits for his return to school. That fall another curveball was thrown his way; he underwent a heart transplant. Kevin began school in the Spring of 2007 with a new lease on life, determination, and the commitment to succeed. While at Barton Community College he has done just that. He received an academic scholarship and was on the Dean’s List while in attendance.

Not only did Kevin receive help with financial aid here at EOC, but he also feels that the encouragement from the staff gave him confidence to achieve his goals. Kevin is married and has a beautiful family



consisting of his wife, Angie, and two daughters Brooke(14) and Tatum (16mos). He and his wife also took custody of his cousin Austin who has since graduated from High

School and moved to Colorado. While not in school, Kevin can be found playing lead guitar in his band Plan B.

Kevin graduated from Barton this semester and is planning to continue his education and obtain an ultrasound certificate and Bachelors degree. Kevin stated, “My ultimate goal is to focus strictly on cardiac sonography.”

Congratulations Kevin! We would like to honor you by giving you a gift for your hard work and efforts put forth to obtain your educational goals

CKEOC Office Locations

Great Bend

1025 Main
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Line Installation and Repair

Vast networks of wires and cables provide customers with electrical power and communications services. Line installers install new lines by constructing the utility poles, towers and underground trenches to carry the wires and cables. To perform these tasks the installer uses many types of heavy machinery. Another part of the job is to repair lines that have damage to them or that fall down.

Line installers and repairers must



climb and maintain their balance while working on poles and towers. They lift equipment and work in a variety of positions, such as stooping or kneeling.

Employers look for completion of at least a one-year certificate program. Although there are more extensive

programs that focus on broader knowledge of communication and electrical wiring. Graduates of these programs get preferential treatment when applying for jobs.

Hourly and annual pay greatly depends on level of education and field of work.

—Occupational Outlook Handbook 2006-2007

Have the healing touch — Massage Therapy

Many physicians have been recommending massage therapy for nearly 2,400 years; first documented in 400 BCE. Today massage therapy is being used for medicinal purposes, relaxation and even preventative measures. Massage Therapists can specialize in over 80 different types of massage, called modalities. Most specialize in several modalities, each using different techniques. The type of modality used depends on the clients needs.

Massage Therapists can work in both the public and private settings. They can work in a range of settings including, but not limited to hospitals, doctor's office, spas, or even travel to their clients homes or offices. It is also common for full time massage

therapists to work in more than one setting.

Because massage is physically demanding, a full time therapist only works 15-30 hours a week.

"In 2004 about two-thirds of massage therapist were self-employed"

Most state regulations require that therapists keep up on their knowledge and technique through continuing education.

Because of the nature of massage therapy, opportunities for advancement are limited. However, with increased experience and an expanding client base, there are opportunities for therapists to increase client fees and therefore income. Both strong communication skills and a friendly, empathetic personality are extremely helpful qualities for fostering a trust-



ing relationship with clients and in turn expanding and retaining one's client base. In addition, those who are well organized and have an entrepreneurial spirit may even go into business for themselves.

Self-employed massage therapists with a large client base have the highest earnings.

According to the Heritage College website the average annual pay for a full time (roughly 25hrs) massage therapist in area is \$ 29,250.

For more information about massage therapy and the schools located nearest you, contact the academic advisor in your area.

— Occupational Outlook Handbook 2006-2007

A Little Inspiration

"We are what we repeatedly do. Excellence, therefore, is not an act but a habit." ~ Aristotle

"Do not wait to strike when the iron is hot: but make the iron hot by striking." ~ William B. Sprague

"The best way to make our dreams come true is to wake up." ~ Paul Valery

"People often say that motivation doesn't last. Well, neither does bathing - that's why we recommend it daily." ~ Zig Ziglar

"Whatever the mind can conceive and believe, the mind can achieve." ~Dr. Napoleon Hill

"Keep away from people who try to belittle your ambitions. Small peo-

ple always do that, but the really great make you feel that you, too, can become great." ~ Mark Twain

"Minds are like parachutes. They only work when they are open." ~ Sir James Dewar

"Do just once what others say you can't do, and you will never pay attention to their limitations again." ~ James R. Cook

"It's kinda fun to do the impossible" ~ Walt Disney

Though no one can go back and make a brand new start, anyone can start from now and make a brand new ending." ~ Carl Bard

Summer Office Hours

Please note that we have new office hours for the summer. These hours will be in effect from May 18th to August 7th.

Monday-Thursday

7:00 am– 5:30 pm

Closed from 12:00-12:30pm for lunch

Closed on Fridays



2009 ACT Testing Dates: Mark your calendar for the following dates:

October 24, 2009; December 12, 2009; February 6, 2010; April 10, 2010; June 12, 2010

Please keep in mind regular registration dates require the regular fee. Late registration will require a late fee. You can register online at www.actstudent.org.

Financial Aid Submission:

Fall semester is just around the corner. Make sure your financial aid is in order BEFORE classes begin. Contact our office for assistance in completing your FAFSA.

Services We Offer:

Whether you are a current participant enrolled in classes, or a past participant, you may or may not be aware of all the services we offer.

Our free services include:

- ◆ Scholarship assistance.
- ◆ Assistance with FAFSA completion.
- ◆ Career exploration and advising.
- ◆ Information about vocational/technical schools, colleges, and universities.
- ◆ Assistance with applying for admission.
- ◆ Transportation to campus visits.

Reminders

- ◆ Career networking with professionals currently working in your field of interest.
- ◆ Reference library including career, educational, financial, and self-help topics that include books, videos, and audio tapes available for check-out.
- ◆ Laptop program for participants enrolled full-time who do not have access to a home computer (subject to availability).
- ◆ TI-83 Calculator program for participants enrolled full-time. (subject to availability)
- ◆ Assessment of academic skills and financial needs.





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<http://www.bartonccc.edu/eoc/>

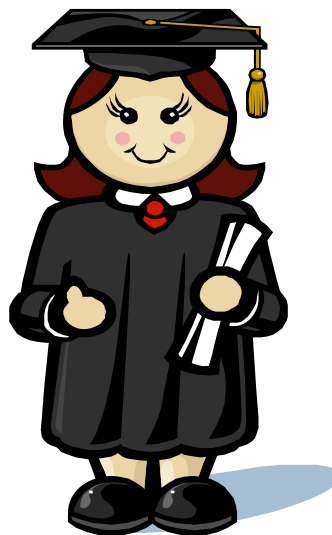


About CKEOC

The Educational Opportunity Center is 100% funded by the U.S. Department of Education and is one of the TRiO programs. TRiO began with the Economic Opportunity Act of 1964, in response to the administration's War on Poverty.



TRiO programs include eight outreach and support programs targeted to help disadvantaged students progress from middle school to post-baccalaureate programs.



32 Counties Served by CKEOC

Barton, Clay, Cloud, Dickinson, Ellis, Ellsworth, Geary, Graham, Jewell, Lincoln, Marshall, Mitchell, Morris, Ness, Norton, Osborne; Ottawa, Pawnee, Phillips, Pottawatomie, Republic, Rice, Riley, Rooks, Rush, Russell, Saline, Smith, Stafford, Trego, Wabaunsee, and Washington.